SVeins Posters 19-2020 SA/BV/NC 2.0 Sa/BV/NC 2.0 tors edith Root Bernsteinger chiron DOOES Chiron



CIRCULATE THROUGH



living veins for biodiverse and healthy cities

bioveins

2017-2020

HOW DOES

CTRCULATE THROUGH







Image Credits: vykortsmuseum.se — Aschaf / Andrea Schaffer — Martin Zeiller — Pixnio — Map of Zurich, The Street railway journal (1902), archive.org — Children Drawing Lake, torange.biz — Extract from «La Nature» 1873, L. Lhéritier, wikimedia.org

Theoretical representation of the research process

Fragmentation is the breaking up of a habitat into unconnected pieces. So, a forest is logged and we only have small patches of standing forest left. Or, a grassland is cut into pieces by paved roads crossing it. Or, a forest-shrub mosaic is converted into farm fields of various sizes and shapes, leaving small, isolated patches. Fragments are (1) reduced in size and absolutely small, (2) have a high edge-to-interior-area ratio, (3) are embedded in what is usually called a "matrix" habitat highly influenced by humans, which cannot be crossed by other species.

living veins for biodiverse and healthy cities

Square Pierre-Ad<u>r</u>ie

Dalpa

bioveins

agmentation

Ide

low

2017-2020

How fragments are arranged in the "matrix" makes a difference to the animals that live there, as it affects their ciruclation in space, just as the condition, direction and extent of roads affects driving in a car. Many animals are capable of movi certain distances or making difficult journeys at particular moments: for example, during a "dispers stage at the beginning of maturity for animals, or plants at the seed stage, or during seasonal migra Seeds and small animals like invertebrates can be carried in the wind, on passing animals, in vehicl and so on. Birds can fly, but of course not all bir fly long distances, and they follow certain kinds o landmarks, habitats, and landforms. Many vertebrat with cover when moving from place to place; fallen trunks, banks of shrubs, forest edges, rivers. Of course, fish can only swim in water.

FRAMES AS VEINS

Europe has a large number of relatively small cities distributed somewhat evenly, with only two megacities: London and Paris. Just 10% of Europe's area contains 75% of the population: in these areas, the population density is about 2400 inhabitants per km2. Many countries show an increasing trend towards medium-density peri-urban and suburban residence. Where people live, there is «grey infrastructure». Blue-Green Infrastructure can refer to an urban planning approach in which design of infrastructures is intended to allow the whole water cycle to occur within the city. This can result in reducing pollution in the air, irrigate parks, provide local drinking water, as well as prevent harms like flooding and the spread of contaminants.

-	
2	
ŋ	
Э С	
ŝ	
<i>о</i>	
5	
0	
Ŧ	
ы С	
R	
<i>M</i>	
Ð	
nt	
à	
 .	
9	
.	
മ	
σ	
0	
Ц Т	
$\overline{\mathbf{C}}$	
כן	
L L	
JO,	
T	
Ň	
~	
b	
<u>x</u>	
0	
U٤	
d	
<	
<	
Б	
\bigcirc	
\bigcirc	
$\left(\circ \right)$	
	1
· ·	

Habitats and potential micro-habitats of life, invisible biodiversity

parietina. 5. Birds, blackbird, black swift, swift pup.

Meredith Root-Bernstein, Jardin Pierre-Adrien Dalpayrat, 2019, [©]DR.

 Earthworms, earthworms, compost worms, Lumbricus castaneus.
 Molluscs, hedge snail.

7. Molluscs, hedge snail, garden snail.
8. Moss, Bryum argenteum
9. Stagnant water species, diatom, sponge, microalgae, branchiopod. crustacean, Ephydatia fluviatilis.
10. Mushrooms on dead wood and compost, underground miscellium, witch circles, Crepidotus et Tremella.

Guilhem Vellut, Jardin Pierre-Adrien Dalpayrat, 2017, Attribution 2.0 Generic (CC BY 2.0).

8.

bioveins

017-2020

and brownfields home before they are re-colonized by numans. Some rare and endangered invertebrates are found in brownfields, where they escape from rural agriculture. The species most common to urban wastelands are plan and animals well adapted to disturbed and earlysuccession habitats. Parks, urban allotment garden rain-fed seasonal ponds, unmowed areas, heaps of Leaves and sticks, piles of stones or bricks, mossy walls, roof and wall gardens, trees and shrubs,

SPECES INTHE CITY

and relations	<pre>/; species a</pre>	biodiversity	urban	ban nature,	ur
-	•	•		-	

 (\bullet)

4.

6.

comunis.

1,2,13.CC. 3.Christophe Ramos, Jessica Joachim

4.©DR 5,6,7,8,9,10.[©]NC. 11.0tto Wilhelm Thomé Flora

12. Gerd Innerebner and Roger Wepf/ETH Zurich 14. ©shutterstock

15. Ernst Haeckel, 1904 16. Cuvier and Alexandre Brongniart, 1839. [©]BNF

bioveins

2017-2020

DATA TRAPS EIELD

microphone

various materials for various insects

An77: Charles de Coster

Percentage of soil covered by vegetation

revalent plant species

Common Hawthorn (Crataegus monogyna)

90%, covered by trees: 25%.

Tree species

ercentage of s	oil covered by vegetation	85%, covered by trees	s: 30%.	
revalent plant	species	Tree species	Beech (Fagus sylvatica)	
			Sweet Chestnut (Castanea	
			sativa)	
			Holly (Ilex aquifolium)	
			Laurocerasus)	
			Port Orford Cedar (Chamaecyparis lawsoniana)	
			Northern Red Oak (Quercus rubra)	
ypes of vegeta	tion present	Running water.	C OP: V	
		Still water	x	
		Grassland	v	
		Heathland	x	
		Land dunes	x	
		Abandoned herba- ceous vegetation	X OP: V	
		Edges between forest and grassland	x	
		Shrubs	v	
		Forest	v	
		Riparian vegetation	x	
ensity of vege	tation (measured as the	Shrubs	Can't be seen, too dense.	
umber of trees	s/ shrubs per 5 m²)	Forest	10	
lean height of	vegetation	Grassland	7 cm	
San noight of		Heathland	x	
			x	
		Abandoned herba-	x	
		ceous vegetation	<u>^</u>	
		Edges between forest and grassland	3 m	
		Shrubs	1 m	
		Forest	10 m	
		Riparian vegetation	x	
lanagement of vegetation types		Grassland	Mown every week. Mown grass is left.	
		Heathland	x	
		Land dunes	x	
		Abandoned herba- ceous vegetation	X OP: Abandoned.	
		Edges between	x	
bandoned herbaceous vegetation.		rorest and grassland	Poston dela de servera al	
		Shrubs	Rectangularly pruned.	
orest.		Riparian vegetation	X	
uman structu	res.	Concrete streets.		
luman structures.		Parking.		
		Retirement home.		
stimation of	isitor number ner hour	Retirement home: 0.0	ther part of the park: 40 (Baim)	
schnauon of V	isitor number per nour	A large part of the	where the part of the park: 40 (Kainy)	
ruer		A large part of the park (the eastern part) seems to belong to a retirement home. It is unclear whether this area is private or not. There is a sign signifying the grounds belong to the retirement home, but signs stating that access is forbidden are lacking. It is possible this area used to be a park, but now, is not anymore. A highway is also nearby.		
leavy slopes p	esent? What gradient?	Yes, next to the highw	vay. 80°.	
nimal species	een?	Dog.		
/ater? In wha	state?	No. OP: Yes, but dried	up. A small ditch with steep	
		edges is present, com vegetation.	pletely covered in abandoned	
rees for insec	nests?	Yes.		
tructure		A large part of the eas	stern part of the park (Near the	
		E34) is built up.		

		Aspen (Populus tremula)
		Beech (Fagus sylvatica)
		Birch (Betula sp.)
		mas)
		Rowan (Sorbus
upes of vegetation present	Running water.	v
,	Still water	x
	Grassland	v
	Heathland	х
	Land dunes	х
	Abandoned herba-	x
	Edges between forest and grassland	x
	Shrubs	v
	Forest	v
	Riparian vegetation	v
ensity of vegetation (measured as the number of ees/ shrubs per 5 m²)	Shrubs	20-40
	Forest	1-2
ean height of vegetation	Grassland	5 cm
	Land dunes	x
	Abandoned herba-	x
	ceous vegetation	
	Edges between forest and grassland	x
	Shrubs	70 cm – 2 m
	Forest	25-30 m
	Riparian vegetation	2 m
anagement of vegetation types	Grassland	Mown every week.
	Heathland	x
	Land dunes	x
	Abandoned herba- ceous vegetation	x
State and	Edges between	х
vne 1 shruhs. Type 2 shruhs	forest and grassland	Turne 1: Blomted
y the Scheldt. with herbaceous vegetation on the foreground.		but afterwards abandoned. Forming dense vegetations, scarcely containing young trees. Type 2: Consisting of only 1 species, thus planted. Next to it, herbaceous
prest type 1, here undergrowth hay consists of planted, wherbs.	Forest	Type 1: Planted trees. Undergrowth consisting of pruned shrubs and planted herbaceous vegetation. Type 2: Planted trees. Undergrowth consisting of planted, but then abandoned, shrubs and herbs. OP: A naturally maintained or even abandoned forest, containing lots of undergrowth.
atural forest. Riparian vegetation, with trees afterwards.	Riparian vegetation	Consists mainly of reed (probably planted). Afterwards, sometimes, some trees are present.
uman structures	Playground.	
X	Stone paths.	
layground.	Insect nest.	
stimation of visitor number per hour	240	
ther	Sea scouts nearby.	
eavy slopes present? What gradient?	No.	
nimal species seen?	Dog.	
	Dove	
rater? In what state?	Yes. The Scheldt. This enough for boats to s are usually grown wi followed by shrubs a are made of large sto overgrown by herbs. side is made of concr	s is a large river, deep ail on. The shores th reed, sometimes nd trees. Other shores ne blocks, sometimes The shore on the other rete.
rees for insect nests?	Yes. 2 insect nests ar	e already present.
tructure	The park continues a despite what the ma	fter the sea scouts, o shows.
art of the park behind the sea scouts.		

Extracts from site analysis sheets of Antwerp parks, Bioveins.
 Drawing of leaf picking.
 Drawing of tree branch picking for bacterian analysis.
 Pictures from Birdlab, a participatory science app used in Bioveins to collect datas about city birds.
 BirdLab[®]L_Brevet-MNHN
 Drawing of insect trap.
 Pipistrelle song spectrogram. [®] http:// christophe.quintin. pagesperso-orange.fr/

oenco	do it with friends, or invite a group of strangers.	draw the bacteria ambassador's timetable for today.	pick an ingredie meaning your me for a bir leave yo talking- where y it. note receipe.	ent for a g. cook ssage d and ur meal ou saw your
ctivity of green and blue infrastru	identity a disc look at it deep and close you imagine a gree playground. now open you while wa count th kinds ar	ontinuity oly r eyes. en and bl r eyes. alking, ne birds, nd numbe	ue	watch the creepers. they may be drawing a map to follow. you are here.
ctures:	get close to a observe the va	weed kill riation o	.er. f your he	artbeat.

living veins for biodiverse and healthy cities

ofor 0 0 Ο S 9 unch

magnify the tree foot. meet and greet.

stops.

at night, watch the street. note where it is dark.

soun 5 eyes С О U lose T 0 to C Ð 3 4 0 σ σ

pay atte an S 0 S S Ο 1 J \mathbf{O} itio g Ω 0 Ο D, J S O S Ο < 0 D 0 σ 5 \mathbf{O} Ο an 0 \mathbf{D} ິ \mathbf{D} der. an the b Ω Ω

Here are some activities to do in cities and parks, suggested by international artists and researchers. They aim to encourage you to observe your surroundings with all your senses, and to think about cities, parks and the things living in them or passing through them in a wide variety of ways.

spy a vein in

it begins with a

clump of grass.

take a picture,

walk 3 or 4

steps, take a

until the vein

picture. repeat

your eye.

əəqəjquinq follow the put your shoes on.

SL	
σ	
at	
ň	
ົດ	
.	
<u><u>Ω</u>.</u>	
t.	
ц Т	
<mark>o</mark>	
S	
f	
Y	
0	
ŏ	
Ň	
P	
<	
<u>n</u>	
9	
S	
—	
0	
7	
<u>೧</u> .	
ケ	
2	ļ
Š	
ອ	
ົດ	
Ľ.	
•	
	ļ
\frown	
\bigcirc	
\bigcirc	
$\left(\circ \right)$	
	1
-	

This activity may take some time – all spring and summer maybe. Amphibians can live in cities, but they need gently running water or ponds, and connected green areas across which they can disperse when they complete the last stage of metamorphosis. They may hide under rocks and logs, if those are available, and even when they are in the open they are camouflaged. We know very little about the distribution of amphibians — frogs, toads and salamanders — in cities. So this activity will help us learn something.

- How long does it take you to get from your home to see a frog, toad or salamander? Don't count ones in captivity, like a zoo or someone's pet.
- Is it a frog, toad, or salamander? Do you know what species it is?
- Where did you find the amphibian
- (place name, address or coordinates)?
- Make a map • Have you seen the same species there before?

Meredith Root-Bernstein researches ethnobiology, ecology and conservation of anthropogenic habitats. She is also BIOVEINS outreach coordinator

city ian <u>0_0</u>0 0 \mathbf{O} Ο R

Writing the name of plants with chalk

Part 1: Field notes to feel notes. How do we observe? Observing means paying attention to our many senses. It means developing our attention. Observe — recall — observe again.

Step 1. Observe the landscape or environment. What do you see, hear, smell, feel? Record your observations as completely as possible.

Step 2. Heighten your attention. Observe again and again by:

- Drawing some part of the scene.
- Moving through some part of the scene.
- Recording what else the experience reminds you of.

Part 2: Moving and being moved. How do we think think with our body? How do we empathize? These two thinking tools are closely related. When we use our body to think. we use body movement, body balance, and body feelings to understand and communicate. When we empathize, we identify with another person, organism or thing from their point of view. When we adopt the movement patterns, postures and gestures of other things, we begin to feel our way inside their experience.

Elements of body language and movement:

Step 1: Choose a species you like. A snail, a butterfly, a squirrel, a leopard, a horse, a lichen, a bacteria, a tree! Try to move like that species.

Step 2: Imagine you are that species, where would you go in the green area you are now? How would you get there? Would you follow a path, or leap from tree to tree? Fly from flower to flower? Float in the air? Where would you come to rest or sleep? Now, try to leave the green area. Where can you go, where do you end up? How far can you go, pretending to be and move like this species? Use your imagination if necessary.

Adapted from a Thinking Tools workshop by Robert and Michèle Root-Bernstein. Robert and Michèle Root-Bernstein are a physiologist/historian duo and the authors of Sparks of Genius, about creativity and problem solving tools used by artists, scientists and inventors.

A blog to gather art and poetry actions for pollinators. Bees and all pollinators are dying because of the pesticides. Only a wave of collective love will change the law of the land that allows the killing. Pollinators speak the chemical language of life. If we don't listen to their plight, we are next in the beeline of death.

Please join us and send your work for inclusion. Send your images and works to weearethepollen@gmail.com

Cecilia Vicuña is a Chilean artist and poet based in New York and Santiago. Her work has been shown at major art museums and galleries in New York, London, Santiago, and elsewhere.

Maybe some of the previous activities can inspire you to make contributions to Cecilia's project!

http://wearethepollen.tumblr.com

S 00 thi **`O**O • -----+ 0

S U 0 <u>`O</u>O R • ____ ΩŐ • ĴĴ C σ \bigcirc

Go to a garden or park. Sit down or walk around. What other gardens, parks or landscapes does it remind you of? Why? How does it do this? What spaces, forms, colours, textures, sounds, smells, does it use to make these references? Does it make you want to be somewhere else, or right where you are?

If nonhuman animals made gardens, or if we made gardens for other animals, what would those be like? We might think of gardens as collections of plants and other things (animals, rocks, etc.), in spaces that have an inside and an outside, that make imaginative reference to other gardens or landscapes, and that are kept relatively static. If we made gardens like this for other animals, what elements would they contain? How would those be arranged and kept in place? How would the inside and outside be marked or maintained? What other landscapes or gardens would they make the animal think of or remember? Pick an animal you know about, and try answering these questions through a mental image, drawing, model, written description, or however you want. Maybe an actual garden?

By Meredith Root-Bernstein

This activity is a challenge! Pick one of the counting scales in the section "I have a question!" Can you find something to count in the green area around you using that scale? Now try with another scale!

Can you count the same thing with two different scales? With all the different scales?

If you can do this, you are well on your way to becoming an ecologist!

By Meredith Root-Bernstein

Hold your breath for a moment and listen. What do you hear? What do you see out of the corner of your eye? Is there the buzz of an insect, a flap of bird wings, a rustle in the leaves in the gutter? If you pause and begin to map these sounds or sights, point by point you can chart their movement. Pause a moment longer, and you can chart the movement of the human and non-humans around you, overlapping webs of movement and interaction. See where they intersect, where they depart, where they are entangled and rely upon each other. Two of my own maps from Paris:

PARROTS

Late autumn in the Jardin des Plantes, the sunflowers have grown over two meters tall. A flock of small green parrots swoop through the garden, moving between all the overblown plantings, turning brown and heavy with seeds. The sunflowers are the favorite haunt of the parrots, their bright green wings are the same shape and color of the leaves. They grip the flower with their feet, extracting seeds in a noisy squawking riot, throwing husks aside. I follow the trail of sunflower seeds from garden bed to bed, tracing the path of the parrots. One layer of movement. Other human visitors trail between the flower beds, parrot-hunting with their iPhones. A second layer, images of the parrots moving from phone to phone.

WASPS

Sitting in the July heat in the courtyard of the Grande Mosquée, shaded by a large tree, sounds echoing off the tiled walls. I hear human voices in conversation, clinking glasses of tea. Tuning those out I hear the low buzz of wasps as they move between tables, between crumbs of marzipan and spilled tea. Watching the ebb and flow of wasps and people, I map their layered networks of lines, a cat's cradle of movement, of give and take.

By Adrian Van Allen

Adrian Van Allen is an artist and cultural anthropologist currently based at the California Academy of Sciences.

If today you'll be alone while going from A to B, pick up an object and put it in your pocket.

You'll generally direct your gaze towards the pavement or towards what is in front of you. You might look at the sidewalk, windowsills, lampposts, trees, patches of soil around the trees along the sidewalk; passing on a bridge. The concrete or stone railings; going up or down a staircase, the steps. Did you find anything interesting? Did you find anything you could take with you? The object must fit your hand. Doesn't matter If It isn't yours. Anything you might find it's probably something that had been abandoned. lost or that doesn't have a place to be.

To give you some Ideas, you might find a piece of brick, a key, an old piece of something, a little rock, a leaf.

Pick what attracts you because of the texture or shape (better without sharp edges). Then fit it in your pocket.

While going through the city, keep touching the object in your pocket (outside the pocket is fine too}. You can inspect it, try to understand what material is made of. You can think of what had been the history of that object before you picked it. Or, in alternatively, you can keep touching it while you carry on with your agenda. It is like an amulet. Thatis the object that will accompany you through a long day away from your shelter.

As for the majority of human history men had been nomads, walking is one of the most ancient practices that survided through the millennials. The convergence of traditional nomadic routes gave birth to many urban cities we inhabit today, i.e. Rome, Vienna, Madrid. Those

routes connects places that extend far over the city borders, places that might no longer belong to the same country, society or culture. The Alps are an example of such traversed territory, their paths connect geographies that might otherwise divided.

The object in the picture is called "mongioia" (Italian), an ancient construction that can still be find on the north western Alps. They are drywall structures made of stones, that had been collecting in the surroundings or transported along the way, cut as sort of obelisks. They might have an original secret use, all the locations are of a visual impact such as crest. spurs, and peaks. And we don't find just the remains, but also entire structures that had been maintained integral throughout the centuries by the different peoples that inhabited or passed the mountains' s paths. From the "mongioia" might come the habit that mountain walkers have of picking up stones to signal a position or a direction with a similar, much smaller obelisk.

1.Emilio Sulis e Giovanni Vachino, Il "Progetto Transumanza" : alle Radici dell'Identità Biellese (Asiago: DocB1 - Centro Studi Biellesi, 2005), in La Transumanza Alpina tra Storia Presente, ed. Michele Corti. Image taken the text.

By Sara Cattin. She is an artist based in northern Italy. She is currently doing an MA at the Dutch Art Institute Roaming Academy.

while **`OO** Ο O 3

In the north of Italy, horse chestnuts fruits are believed to cure sickness such as cold just by keeping one in the pocket. That's obviously a myth. The curative effect is given by the aescin, an antiinflammatory, draining substance capable of increasing venous pressure, produced by the horse chestnut tree. As a result of the popular believe though, most of the

people I know and conserve a horse chestnut given by their grandmother.

have a question!

There are many ways to generate questions about ecology. Maybe you are looking for a new question no one has asked before, or a new way to ask a question about an old debate, or maybe you just want to ask for yourself a question that has been asked many times, to experience finding the answer. In any case, you might do things like observe, form a mental image, make an abstraction, recognise a pattern, create a pattern, form an analogy, use your kinaesthetic senses (body thinking), empathise with something in the world, make a model, or just play. Now you have a question in the form of an observation, a pattern, an analogy, a model, or a feeling, for example. So far, you would be doing the same thing as an artist, an inventor, a philosopher, a physicist, or an anthropologist. Let's say your observation/ pattern is what Thoreau wrote about how squirrels create forests by forgetting about their buried hickory nuts: «This, then, is the way forests are planted. . .If the squirrel is killed, or neglects its deposit, a hickory springs up.» So far this is a nice observation/ image/ speculation, and could be described as natural history. But let's say you want to be an ecologist. Ecologists count things. Your job as an ecologist is to convert this observation/ image/ speculation into something that can be counted.

There are several ways of counting, here with examples from beetles:

Nominal scale: We have categories, and we can say how many things are in each category. In addition to counting the number in each category, we can calculate things like the mode (the most frequently occurring number in a sample), and frequences (e.g. percents).

•Example: in our sample of beetles, there are 9 detritivores (meaning they degrade biomass), 4 herbivores, 3 omnivores, and 4 predators. •The mode is 4.

•45% of beetles in the sample are detritivores

Ordinal or ranking scale: Our data falls into categories that can be ordered but without equal intervals, meaning that we can arrange things into before and after or bigger and smaller, but we don't know exactly when they happened or exactly what size they are. This means that we cannot use arithmetical operations (e.g. the average).

•Example: in our sample of beetle life-stages, there are 200 eggs, 45 larvae, and 20 adults.

•We can say, for example, that 75% of the sample is made up of eggs.

Interval scale: Our data can be put into categories that can be ordered with equal intervals. This is good for most arithmetical operations.
•Example: Our data on beetle reproduction has a set of dates of egg-laying. We can easily calculate how many days occur between each egg-

laying date because dates are a uniform standard measure. •We can calculate the average or the median date of egg-laying, for example.

Ratio scale: Inverval scale with true zero point. Good for all arithmetic operations.

•Example: Our data on beetle body masses is a set of discrete measures of mg. We can say, by definition, how much bigger each beetle is than 0 mg.

We can calculate the average or median body mass, for example.
We can multiply the body mass of each species by its abundance to make an index of its relative importance in the invertebrate community.
We can compare the distribution of beetle masses to another sample distribution or to a normal distribution, for example, using a parametric statistical test.

living veins for biodiverse and healthy cities

bioveins

2017-2020

You are in a city. So, what is a city?

A city is defined as a dense accumulation of human-made constructions — buildings, roads, blue and green infrastructure. Many animals also make dense accumulations of constructions — they build nests or burrows, which may be very complex structures. And many animals build their nests and burrows in dense colonies, which are sometimes very extensive. Many arctic birds—penguins and albatross, for example—live in large colonies but make no or very basic nests. These are perhaps less like cities and more like giant campsites. Other birds, like weaver birds in Africa, fill up trees with their nests. Each tree is like a village. Many rodents also build their individual burrows in colonies connected by tunnels or trails. Insect colonies, such as termite mounds, ant nests, wasp and bee nests, whether made of geometrical patterns in paper or wax, or by moving tiny grains of sand or wood pulp, are certainly amazing collective architectural feats. Finally, in some cases animals form cities out of their own bodies. The algae – cnidarian symbiosis that makes corals forms huge reefs, which provide habitat for many fish and other aquatic species. Trees, for that matter, also each provide spaces inside their trunks, under their bark, and in their branches and leaves, for the nests of many large and small species, from squirrels, owls or oran – utans, to beetle larvae and ants.

Although most human cities look more or less similar today, made with concrete, bricks, asphalt, steel, and glass, we should also remember that vernacular architectures of the world are more varied and might accommodate different kinds of biodiversity in "human colonies" of different sizes, densities, structures, textures, porosities, etc.

The first cities were proto-city-states: Jericho and Çatalhöyük. These were built in the Near East towards the end of the Paleolithic. Jericho was first settled 12000 years ago and is still an inhabited city, in what is now the Palestinian Territories. Çatalhöyük, now an archeological site in Turkey, was settled between 7500 and 5700 BC. During the Palaeolithic, humans mastered fire, made increasingly sophisticated stone tools, were hunter – gatherers, domesticated plant and animal species, made art, spread around the world — and lived in apartment buildings in proto – city – states.

Çatalhöyük seems to have been a residential city without a clear social hierarchy or a central temple or administration. There were no streets, with people apparently climbing across the flat roofs to get around. Waste was dumped outside the city, but the dead were buried inside the mud-brick residential buildings. In general, however, city states arose around powerful religious temples and kings, who created large bureaucratic operations to collect temple offerings, taxes, and tribute from conquered rural lands. Cities thus affected life far out into the countryside. For example, the demands of urban residents for food or tax collectors for an easily collectible resource led many Near Eastern rural groups to transition from mainly hunting and gathering to mainly shepherding, since sheep were easier to trade or send as tax to cities than wildlife. Early city-states were also often points at which merchants stopped along trade routes. But they were not necessarily key locations in the spread of ideas: dramatic and transformative new practices like the domestication of various species seem to have spread through rural networks.

Roman cities affected European landscapes a great deal due to the Roman conquest of many parts of the continent. The Romans considered cities as the central elements in land organization, and as superior to the countryside. Legally, cities included the surrounding countryside, on which many were dependent for the creation of food and wealth. Famously, Roman cities are made of an orthogonal grid of streets, with outdoor public spaces and interior, private courtyards, and with canals to bring fresh water in and sewers to take waste out. Roman cities also had gardens. The king of Macedon (Ancient Greece) Alexander the Great brought back garden styles and plants from his conquests in Persia and India, which influenced Mediterranean gardens in general. The Ancient Greeks, however, did not seem to have many residential or public gardens. The Romans by contrast were very keen on gardens in their cities, including household gardens in villas, palace gardens, temple gardens and public parks. (For maps of Roman cities over time, see: Ancient World Mapping Centre). There are many reasons why cities have been invented, but some of them have to do with efficiency and control: cities house administrations and bureaucracies to maintain political control over large rural territories. Our European image of cities is also strongly influenced by Roman culture, but very early cities like Çatalhöyük were organised on an entirely different logic. There is nothing natural or inevitable about our ideas of what a city is: what might they be like in the future?

EXPLORIM

CITIES A

NRKS

This pamphlet is designed for city dwellers and city visitors, children and adults, mainly humans (but maybe other species!). You can find more material about EIOVEINS and about cities, BIOVEINS and about cities, gardens, biodiversity and sustainability on our website at bioveins.eu, and http://bioveins.eu/blog/ article4].

What is Blue, Green and Grey infrastructure? Grey infrastructure refers to

buildings, roads, and other urban constructions. Blue infrastructure refers to water elements, like rivers, canals, ponds, wetlands, floodplains, water treatment facilities, etc. Green infrastructure refers to trees, lawns, hedgerows, parks, fields, forests, etc. These terms come from urban planning and land-use planning. In the past, roads and settlements

seemed like human habitats that helped us to move across the landscape and find safe places to live in the wilderness. Today, there is so much «grey» infrastructure, in cities and in rural areas, that we are in the opposite situation. Land planners now talk about forming stepping stones and networks of blue and green infrastructures to allow animals, plants, water, clean air, and so on, to move safely around the landscape.

How does nature circulate through cities?

Nature is the lifeblood of urban environments. Parks bring urban residents clean air, cooler temperatures, beauty and wellbeing. Parks act as corridors for many animals, plants, and other living things that need nesting spots, food, and ways across the city. In this project, we ask how cities can care for nature while nature cares for cities. BIOVEINS is a European research project running from March 2017-March 2020 that aims to provide, together with local stakeholders, the knowledge to identify the critical features of green and blue infrastructure, to guide its establishment, management and restoration of and to mitigate the effects of major urban global challenges, like habitat fragmentation, air pollution, and urban heat islands.

pan	
nphlet	
t for c	
sity d	
wellers a	
nd ci	
ity vi	
sitors	
\bigcirc	
$\left(0 \right)$	

Are you in a park? What's a park, anyway?

A park is a kind of garden. The earliest thing called a park was a "deer park", or woodland maintained full of deer for hunting. From this developed two different kinds of things we still call parks—National Parks, and large gardens.

A garden is a collection of plants and other natural elements that have been moved and arranged. A very early garden, the Karnak "Botanical Court" from around 1440 BC, contained King Thutmosis III's collection of plants, mammals and birds in a courtyard; the plants may have been planted, but its hard to tell.

In Lesotho (a mountainous country in southern Africa) there are two words that can be translated as "nature," one that refers to things that can be controlled, and one that refers to things that are outside our control. A garden, if I can be permitted to extrapolate from this interesting concept, might be thought of as a collection, a splitting off of the "nature that can be controlled" from the nature that can't. At the same time, though, the act of moving and arranging the plants, soil, animals or rocks, etc., arguably forms these categories rather than simply recognising their latent existence. Many garden plants are domestic varieties that have gone through processes of selection over generations. On the other hand, a large interesting rock placed in a garden becomes amenable simply through our desire and ability to manipulate it.

The word "garden" apparently comes from a Germanic word meaning an enclosure. Thus a garden is a space apart, a space that some things can't get into and other things can't get out of. The enclosing wall, whether it is a real wall or just a boundary of effort, is what prevents the collection of "nature we can control" from agitating back into its emulsion with things we can't control.

Another thing one immediately notices about gardens is that they often represent other gardens, or idealized landscapes. McCall's Garden Book, a practical guide to gardening from the 1960s, contains many illustrations of "ideal garden layouts" that "you, too, can have." Many of the gardens featured in The Garden Book (Phaidon) also have this characteristic. The Insel Mainau in Switzerland is a "Mediterranean island paradise north of the Alps." On the facing page, the Sanssouci garden in Potsdam, Germany, is a "European fantasy of imperial Peking." Persian gardens, which influenced many other garden styles, are references to earthly oases and heavenly delights. Gardens are thus doubled, pleated spaces in which each gardener strives to create a uniquely ideal garden of immediate sensual enjoyment, which should simultaneously evoke an imaginative reference to other ideal or desired gardens and landscapes. The less the real experience of the garden pales in comparison to the imagined ideal experience suggested by the garden, the more it has succeeded. You are never in just one garden at a time.

Finally, though gardens may incorporate seasonal change and may change over the years, they are largely intended to be static, to fit a design, to match an ideal. It is for this reason that gardens require constant care and maintenance, and why people speak of dilapidated gardens that need to be restored. When a garden undergoes succession, it gradually ceases to be a garden and becomes an abandoned lot, whereupon it enters a whole different realm of human desires.

C (\mathbf{U})

Are you in an abandoned lot or an urban ruin?

Ruins are entropy in action, the natural recycling of materials back into nutrient and mineral cycles. Buildings, and gardens, become ruins and wastelands when they are no longer cared for. Yet, the discovery of a ruin—like the discovery of the secret garden in the eponymous book—can generate new engagements of care and forms of value. Perhaps what also fascinates us about ruins, what makes us sometimes prefer the disintegrating monument to the well-preserved or the new one, is the unpredictable mixing of nature and culture that seems to contradict our inherited ideas about these being two, contrasting categories. As Michel Makarius puts it in the introduction to his book "Ruins: Representations in the art of the Renaissance to our time", "When we discover the disorder of monuments sunk where ivy and blackberry mix with broken stones, and the tree, the hill and the sky are framed by the gaps of broken walls, it seems to us that a subtle perfume is floating through the air, spread by the spirit of the place" (my translation). Ruins, as he points out, came to be understood in the Renaissance as sources of learned knowledge, comparable to the ancient books that were being retranslated, recopied, and eventually printed. The relations between nature and civilization were understood in particular ways throughout history (not to mention between cultures). Ruins have classically, in Europe, been sites where the brevity and vanity of human achievements and glories are contrasted with the eternal return of nature. As plants, animals and soil take over cathedrals, gardens and palaces, commentators have often discussed on the struggle between civilization and wild nature, and their different

temporalities. However, what we read in ruins has changed over

Today, when we see industrial ruins, abandoned lots, brownfield sites, or urban wastelands, we may be more likely to think about urban renewal and the coexistence of nature and cities. Abandoned buildings and brownfields are often taken over by voluntary associations, developing ad hoc communities of social aid, artistic workshops, or urban gardening. But of course, let's not forget about the plant and animal communities that make ruins and brownfields home before they are re-colonized by humans. In the UK, biodiversity experts have worked to come up with standards appropriate for assessing the biodiversity value of brownfield sites. An interesting view is that many rare and endangered invertebrates are found in brownfields because these act as refugia. Such species have been driven out of "nature" by agriculture, and survive only in abandoned industrial lots in cities! Ironically, biodiversity compensation plans may include recreating brownfields de novo in specified areas, to compensate for urban renewal projects.

Thus, the species most common to vacant lots and other urban wastelands are ruderal plants and invertebrates and vertebrates well adapted to disturbed and early-succession habitats. It is important to remember that disturbances—such as fire, large plants falling over, erosion, rock falls, soil being turned over by digging, trampling, intense herbivory, and so on, are all natural processes that can occur at low, medium, or high densities. An urban wasteland may resemble a highly disturbed or degraded natural habitat, due, for example, to hard concrete or asphalt surfaces, exposed soil, lack of a tree canopy, and so on.

Succession is also the natural ecological process through which new habitats (for example, soil formed after a volcanic eruption, or land exposed after a change in sea level), or recently disturbed areas, develop new species communities over time. These changes occur as ruderal or disturbance-adapted species change the habitat through their growth and other activities, creating new niches for a new set of species. For example, trees create shade, which both plants and animals need, and help form soil through leaf litter. You can observe ruderal and disturbanceadapted communities, and the processes of succession that they facilitate, in your local urban wasteland or ruin. Keep notes on your observations, and one days these may be valuable data. Paradoxically, urban ruins are sites of renewal. The ancient wisdom and moral lessons that we read in them might today be about solidarity, flourishing and regeneration. Natural processes that create value—successional processes creating habitat niches for many species, or curious urban residents creating communities of care and creativity—materialize out of the slow recycling of past practices of construction.

What does it feel like to be an urban animal?

Analogies from a city in chaos

Last week I travelled to Chile for a conference on socio-ecological transformations (https://transformations2019.org/en/), and to carry out fieldwork in the countryside for several research projects. I arrived just in time for the major protests about inequality and quality of life that started on Friday the 19th and continue more than a week later as I write this. I was obliged to stay in Santiago longer than I intended because all the buses in and out of the city were cancelled for several days. There is a lot to say about the protests that is not really relevant to this blog about urban biodiversity. Here, I only want to reflect on an analogy to urban biodiversity that occurred to me while I was in Santiago.

I have experienced protests in Santiago before, but this one was bigger: it took up more space in the city and lasted much longer. There was also relatively more destruction of property and sacking of chain stores than is usual. Santiago is a city built around a single axis, the Alameda which runs east-west and connects the old and poor downtown with the uptown malls and wealthy neighbourhoods. There is a striking gradient inequality up and down the Alameda, but what is also striking is how hard it is to get anywhere without at some point travelling up and down it, either walking, by taxi, by bus, or along the main line of the metro. Although Santiago is nominally laid out on a grid, many of the streets within the grid form disconnected zigzags or come to dead ends. The Alameda is also a critical artery to get on and off the highways that provide direct paths between various commercial and residential parts of the city (while also sometimes cutting off neighbourhoods from one another). Shutting down parts of the Alameda thus inconveniences everyone and is a classic protest tactic in the city.

Several times, I crossed the Alameda in the morning to go to a park, a museum, the zoo, or a café, and then had difficulty getting back across it to get to where I was staying. Nearing the Alameda from a couple of blocks away I would hear people shouting or chanting, or yelling 'f—the police' and screaming, or see smoke from something on fire, or see streams of people with their noses covered walking away from the Alameda, or running, or feel the tear gas myself. I walked away from these signs. I often walked along a pedestrian street many blocks downtown, since the protests usually moved uptown. On the first Friday, I caught a glimpse of the Alameda, empty and quiet on my side of the street, full of trapped buses on the other side. I decided to cross, but as I was crossing the street, a tank spraying tear gas appeared out of nowhere, bearing down on me and 3 other people crossing the street. I ran away. Another time, I found a pedestrian undercrossing that used to be for cars. It was painted in cheerful colours and allowed me to pass under the tear gas and whatever action was going on on the Alameda above. Even on the south side of the Alameda, where I was staying, the protests extended much further south than I expected, all along Parque Baquedano, which runs north-south, and I often had to walk very far south to avoid crowds, police, and uncertainty The crowds weren't necessarily dangerous, but sometimes they had erected barriers from road signage and infrastructure and started bonfires, so it seemed best to walk around that. Getting home every day became an exercise in sensing the position, movement and mood of crowds, the sounds of police sirens and the feeling of tear gas, judging which way to go to get around barriers and bonfires, where to cross major roads and when. It was challenging (thought by no means really difficult) to move around in a city in chaos. Many small shops as well as almost all chain stores were closed as well by the weekend, meaning that finding food and other supplies also became a guessing game. In some areas, everything was closed, while in pockets both near the protests and farther away, shops and cafés were open and life in general went on almost normally.

It occurred to me that for animals like moths, bats, butterflies, bees, songbirds, crows, raptors, rats, mice, hedgehogs, foxes, and all the other animals that try to cross over and move around in cities, life in the city must feel like this every day.

• Urban buildings, cement surfaces, streets and highways are to other animals what Santiago's public spaces blocked by crowds, blockades and bonfires were to me. That is, they are dynamic and uncertain barriers, spaces of possible risk and discomfort.

• Sometimes the only path somewhere crosses these areas, or sometimes there is an animal underpass or green corridor, just like the pedestrian underpass I found.

• Urban pollution, sound pollution and light pollution are to other animals like the tear gas I felt and tried to avoid.

• Parks and gardens are like the neighbourhoods I found where the

neighborhood shops were still open, which were nice even if I had to buy Instant Noodles and canned tuna for dinner instead of a hot meal at a restaurant.

• Maybe abandoned lots are like the little hole-in-the-wall restaurants where I found tres leches cake (a Chilean classic), hotdogs covered in avocado and mayonnaise (another Chilean classic), or Venezuelan arepas.

• There were even treats to be found: street vendors continued to sell freshly pressed orange juice and fried sopaipillas: maybe this is equivalent to an animal finding just the right plant or space it was looking for to forage, lay eggs, or make a nest.

Indeed, ecologists find that urban animals often need to be more behaviourally flexible than their peers in order to survive in cities (Lowry et al. 2013). One might also expect urban animals to experience more stress, as measured for example by cortisol levels, than individuals of the same species outside urban areas. However, chipmunks, blackbirds and tree lizards show lower overall stress levels and stress responses than non-urban ones (Partecke et al. 2006; French et al. 2008; Lyons et al. 2017). The chipmunks moved and explored less, groomed less (which can be a sign of stress), and were plumper. I would interpret this not as the urban environment being stress-free and great for chipmunks, but that it has selected for chipmunks who are placid and stay put in small comfortable pockets rather than risking it in uncertain matrix habitat. Making a similar argument, French et al. (2008) suggest that «urban tree lizards may have suppressed overall corticosterone concentrations possibly from down-regulation as a result of frequent exposure to stressors, or increased access to urban resources». Ultimately, selection for indifference outcomes for urban animals as it may make them less, rather than more, behaviourally flexible in the face of novelty (such as charges in climates, management regimes, or infrastructure).

I have visited many cities, including chaotic ones, but what I think made me feel a bit like an anxious hedgehog or a stressed owl was the feeling of a city I knew how to navigate that had become non-functional. The city, suddenly, was no longer organised for people's normal life. This jolt of non-recognition, of having to learn to re-navigate urban space, gave me this feeling of how it must be for non-human animals to survive in cities that are not designed to meet their needs, and which they can do little to shape.

References:

French, S. S., Fokidis, H. B., & Moore, M. C. (2008). Variation in stress and innate immunity in the tree lizard (Urosaurus ornatus) across an urbanrural gradient. Journal of Comparative Physiology B, 178(8), 997-1005.

Lowry, H., Lill, A., & Wong, B. B. (2013). Behavioural responses of wildlife to urban environments. Biological reviews, 88(3), 537-549.

Lyons, J., Mastromonaco, G., Edwards, D. B., & Schulte-Hostedde, A. I. (2017). Fat and happy in the city: Eastern chipmunks in urban environments. Behavioral Ecology, 28(6), 1464-1471.

Partecke, J., Schwabl, I., & Gwinner, E. (2006). Stress and the city: urbanization and its effects on the stress physiology in European blackbirds. Ecology, 87(8), 1945-1952.

--Meredith Root-Bernstein 26 Oct 2019

S

S

g

 \mathbf{O}

 \square

